

Webinar on healthy ageing to be held on August 20

The Hindu Bureau

CHENNAI

Kauvery Hospital, in association with *The Hindu*, is presenting a webinar on "Unlocking the Secrets to a Joyful Old Age" at 11.30 a.m. on August 20, as part of a wellness series. This is to mark World Senior Citizen's Day (August 21).

The session aims at creating awareness about the importance of healthy ageing and empowering the elderly to lead an active, independent, and fulfilling life.

With a growing population of senior citizens in the country, it is vital to focus on physical, mental, and social well-being during the golden years.

G. S. Shanthi, Senior Consultant, Geriatric Medicine, Kauvery Hospital, Vadapalani, will speak on "Broad Guidelines for Healthy Ageing".

She will also share tips on nutrition, lifestyle, and preventive care.

V. Singaravadevu, Senior Consultant,



tant and Academic Lead, Orthopaedic Surgery, Kauvery Hospital, Alwarpet, will speak on "Functional Autonomy: Focusing on Bone and Muscle Strength", and highlight the role of mobility, exercise, and bone health.

S. Lavanya, Consultant, Geriatrics, Kauvery Hospital, Tiruchi Cantonment, will speak on "Infection, Prevention, and Vaccination for the Elderly", and point out the importance of timely immunisation and preventive measures to reduce health risks.

Soma Basu, journalist, will moderate the session.

To register, visit <https://newsth.live/THWEKAED>, or scan the QR code.



IIT-M Director honoured by Hamsadhwani

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V. Kamakoti, Director of IIT-Madras, was conferred with the 'Distinguished Citizen of the Year Award' during the 35th anniversary celebrations of Hamsadhwani, held in association with Sri Krishna Sweets.

After receiving the award, Mr. Kamakoti said that two courses – Sports Excellence and Fine Arts and Culture Excellence (FACE) – were introduced at IIT-M last year.

Doctor dies, 17 injured as bus hits pedestrians in Chengalpattu

The Hindu Bureau

CHENNAI

A government doctor died and 17 others sustained injuries after a government-run bus hit pedestrians in Chengalpattu on Monday morning.

The deceased has been identified as S. Manikumar, 45, a paediatrician at the Chengalpattu Government Medical College Hospital.

Another doctor, Praveen Kumar, who was walking along with Dr. Manikumar, was injured. He

was rushed to hospital. His condition is stable, the police said.

The two doctors had just arrived from Chromepet by train and were walking towards their workplace when the bus swerved off track and hit them.

The bus then collided with a private bus coming from the opposite direction.

Seventeen people, including passengers and pedestrians, were injured in the accident.

THE HINDU 19.08.2025

IndianOil Indane
Tamil Nadu State Office

Marketing Division

NOTICE

Indian Oil Corporation Limited hereby informs that the Redraw for LPG Distributorship for the following Locations will be held as per the table given below :

DATE	LOCATION	TIME	LOCATION OF RE-DRAW
22.08.2025 (Friday)	1. Tindivanam, Villupuram District	10.30 a.m.	Indian Oil Corporation Limited, Trichy Indane Divisional Office "Triveni" 2 nd Floor, B-35 Shastri Road, Thillai Nagar Trichy 620018
	2. Thiruvarur Town, Thiruvarur District	11.00 a.m.	
	3. Kulithalai (Aiyar Malai), Karur District	11.30 a.m.	

Applicants who have qualified for the Redraw are requested to be present in person with a photo identity card issued by any Government Department at the specified date, time and venue.

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File No. HO/CIV/T&E/E-5183/04/24
OFFICE OF THE CHIEF GENERAL MANAGER (CIVIL)-II, IDCO, IDCO TOWER, BHUBANESWAR

Bid Identification No. Civil/EST-11/2025-26
Notice No: 24379 Dt. 14.08.2025

REQUEST FOR PROPOSAL(RFP) UNDER NATIONAL COMPETITIVE BIDING THROUGH e-Procurement

Name of the Work: "Engagement of Consultant for Preparation of Plan and DPR for Construction of Block Level Stadiums (components like Football / Cricket Field, Clay Athletic Track with throw and jump area, Volleyball / Kho Kho / Kabaddi Court, Indoor Hall (Badminton, Table Tennis etc.), Common facility Centre, Boundary wall, external development and inner periphery walking zone etc.) in different Districts of Odisha" – Package-I (Sambalpur, Deogarh, Jharsuguda, Sundargarh, Khordha, Puri)."

Availability of tender online for Bidding:

- I. Start Date : 17:00 Hours of dt. 21.08.2025.
- II. End date : 17:00 Hours of dt. 04.09.2025.
- III. Opening date : 17:30 Hours of dt. 04.09.2025.

Tender details can be seen from the e-procurement portal: www.tendersorissa.gov.in. Corrigendum or Addendum if any will not be published in newspapers and can be seen in e-procurement portal as well as in IDCO website.

Sd/- Chief General Manager (Civil)-II, IDCO, Bhubaneswar
OIPR-14003/11/0230/2526